

INDEX

| | |
|-------------------|----|
| Opinion | 6 |
| In The Classroom: | 8 |
| Sports: | 9 |
| Notices: | 10 |
| Obituaries: | 12 |
| Classifieds: | 14 |



The REGISTER

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NEWSLINE

Oliveira first candidate to qualify for Sept. ballot



SEE PAGE 3

OPINION

A mother's plea



SEE PAGE 7

IN THE CLASSROOM

Springfield College named to Phi Theta Kappa Transfer Honor Roll



SEE PAGE 8

IN SPORTS

Thompson named Specialty Man of the Year for T-Birds



EE PAGE 10

Athlete of the Week



SEE PAGE 11

Two deaths related to coronavirus in town

By Elise Linscott
Staff Writer

LUDLOW – The first deaths from COVID-19 cases in Ludlow have been reported in a statement from the Town.

According to an April 10 press release from Board of Selectmen chair Derek DeBarge, there have been two confirmed deaths from COVID-19. The statement did not provide details about the circumstances and did not identify the individuals.

There are currently 30 confirmed cases of the disease in Ludlow, though DeBarge warned the number of actual cases is likely higher. Residents are still encouraged to practice physical distancing and to wear a mask in public when they're not able to maintain a six-foot distance from others, according to Governor Charlie Baker's recommendations.

Ludlow resident draws inspirational sidewalk art

By Jonah Snowden
jsnowden@turley.com



Courtesy Photo

A few of uplifting messages and images Mary Beth Silva drew.

LUDLOW – To lift the spirits of her fellow citizens and encourage them to keep pushing forward in the wake of any troubles they're facing, Ludlow resident Mary Beth Silva took time out of her schedule to go outside and draw inspirational art pieces on her sidewalks.

Silva is no stranger to drawing, or art in general. Since the age of three, she said that she has been fascinated by art. Her experience as an artist includes attending the Rhode Island School of Design, working as the Illustrator of the book "The Pet in My Pocket" by Anne Marie Kiel, and teaching art among other subjects as a substitute teacher in the local public schools for over 14 years. She also does freelance projects and has taught art programs.

Silva said that because of

Please see **SIDEWALK ART**,
Page 4

SPREADING EASTER CHEER



Photos submitted by Gary L. Courchesne

Spreading Easter cheer while maintaining social distance on Rood Street in Ludlow.



Mental health as important as physical in COVID-19 pandemic

By Dalton Zbierski
and Melina Bourdeau
Staff Writers

REGION – The dangers posed by the pandemic threaten more than one's physical health. In the midst of a crisis, staying mentally well is of equal importance as being physically well.

Isolation and social distancing can intensify feelings of dread, loneliness, and despair and, potentially, lead to lasting mental trauma. Left unaddressed, such trauma could manifest in addictions, alcoholism, domestic violence, child abuse, self-harm or other serious outcomes.

For that reason, Mass. Gov. Charlie Baker executed the "Order Expanding Access to Telehealth Services and to Protect Health Care Providers" on March 10, which enables the coverage of telehealth appointments. During the COVID-19 State of Emergency, therefore, public and private insurances will cover behavioral health appointments conducted by phone, FaceTime, Zoom, Skype or whatever platform is deemed appropriate.

In addition to private practices, Clinical & Support Options (CSO) and Behavioral Health Network (BHN) have expanded services to include teleservice for existing and new patients.

"Most of us can relate to feeling 'cooped up,' these days," said Karin Jeffers, MS, LMHC, President and CEO of Northampton-based nonprofit behavioral health agency Clinical & Support Options. "For some, though, this crisis evokes some pretty intense feelings and anxiety."

For routine mental health amidst current social distancing protocols order, Jeffers, CSO and Levine offer up a number of broad suggestions:

Know the Facts — "It's easy to spend too much time watching cable news, which is often geared more toward entertainment than information," Jeffers says. "And social media is often riddled with rumor and 'not-quite-true' statements. Find reliable sources of information, like the Centers for Disease Control or the World Health Organization."

Limit Social Media — "It's easy to get 'sucked in' to the feedback loop of social media platforms," Jeffers advises. "Be mindful of your feelings when checking into these online environments." It is important that children and teenagers "not sleep until noon" and limit screen time when possible, according to Levine.

Please see **MENTAL HEALTH**,
Page 8

Counting turtles



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LUDLOW

Hubbard Memorial Library offers virtual programs

By Jonah Snowden
jsnowden@turley.com

LUDLOW – To stay connected with the public during the COVID-19 pandemic, youth services librarian July Siebecker and children’s department assistant Olivia Chartrand are now connecting with their patrons remotely through virtual programs.

To prepare, Chartrand said she worked on the technological portion of the programs, specifically with learning how to use the video conference platform Zoom, and also helped make decisions on what might be good virtual programs that their patrons will be able to participate in.

When reflecting on rolling out each of these programs, both Siebecker and Chartrand said that they are happy they can run these programs through a virtual platform and connect with their patrons during a very difficult time.

“I’m really excited that we decided to use a platform that’s going to allow for interaction. I know that there are a million people who are recording stories that you can then

watch on Youtube,” said Siebecker. “We chose this platform so that we could actually see the kids while they were seeing us and we can hear what they’re saying, while they’re going to be able to participate. “I think I’m the most excited about that.”

Siebecker, who was also involved in the preparation process, said that each program will be private and require registration, to ensure that the patrons as well as children will be in a safe environment.

A virtual program Siebecker will be running is called “Preschool Storytime,” which will offer 30 minutes of funny, informative, engaging stories, finger-plays and songs and games every Monday morning. The next reading is scheduled for April 20 at 11:00 a.m.

She is also hosting the “Whose Shoes” Storytime for 5- to 8-year-olds. In this virtual program, Siebecker will be reading picture book biographies about real people who have inspiring and fascinating stories each Thursday afternoon. An upcoming reading is scheduled for April 16 at 4:00 p.m.

On Wednesday, April 15 at 2:00

p.m., Chartrand will be offering a “Crafternoon” program, where she will teach all participants how to make a non-toxic slime craft, which also happens to be edible.

Later that night, at 8:30 p.m. Chartrand will be offering her weekly “Ya Games Night!” event for the Young Adults. With two different screens present, such as a laptop and cellphone, participants can join Chartrand for a night of virtual gaming through Jackbox games on Steam.

Chartrand said that she enjoys working for the library, and to be able to still do it, while connecting to the residents of Ludlow and remind them that they are still here to provide both educational and fun programs, is a wonderful thing.

“It’s something that brings me a lot of satisfaction,” Chartrand said.

All programs can be accessed through registration. Chartrand said that the registrations for each program must be done at least 15 minutes before the time of the event. For more information and to register for upcoming events, visit the library’s website at <https://www.hubbardlibrary.org/>.

Town of Ludlow weekly update on COVID-19

LUDLOW – As of April 10, we currently have 30 reported positive COVID-19 cases. It is also with a heavy heart that I report to you our first confirmed deaths related to the COVID-19 virus of two residents of our town. I’m sure I speak for everyone when I say that our thoughts and prayers are with their families and loved ones in this most difficult time.

Last week, the Board of Selectmen voted to postpone the Annual Town Meeting until June 22. As you already know, our Town Election will be held on June 1. Also, at our upcoming meeting on April 14, the Board of Selectmen will discuss the possibility of delaying the May 1 due date of the fourth quarter property

taxes to June 1.

As we enter our fourth week of the Governor’s stay-at-home advisory, we are seeing our positive test cases rise almost daily. This also means that our infected individuals, without tests, are likely rising as well. According to our experts, we will haven’t reached our peak which should happen over the next couple of weeks. Therefore, we must remain diligent, patient, and resolute. Governor Baker advised all residents of Massachusetts to wear masks when they go out in public. This advisory is consistent with recommendations issued by the CDC. He said everyone should wear a mask in public if they cannot maintain a six-foot distance

from others.

Finally, specifically to those congregating in groups in places like Cislak Drive and others, you need to STOP! You are putting yourselves and others in jeopardy. Stay home and find other ways to occupy your time. We cannot have our police officers constantly putting themselves at risk responding to non-emergency calls for large groups of loiterers that are not adhering to safety and health protocols while most of us are trying to make an effort to comply. Parents and guardians help us out. Please be a part of the solution.

Derek DeBarge,
Chair, Board of Selectmen

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Donna Dinelle of Ludlow counted 9 turtles in the April 8th edition of the Register. Alan Tomlinson also counted 9 turtles.

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State Representative candidate Jake Oliveira becomes the first candidate to qualify September ballot

SPRINGFIELD – Last week, Jake Oliveira, candidate for State Representative, became the first candidate to file the required nomination signatures his campaign gathered to appear on the September 1st primary ballot.

“I’d like to thank all the residents of Ludlow, Belchertown, Springfield and Chicopee who took the time to sign my nomination papers” said Oliveira. “It’s certainly a relief to have our nomination papers certified as collecting signatures is so difficult as we all do our part to stay safe and social distance.”

While most of the signatures were gathered well before the social distancing directive was issued, signatures need to be first certified with each communities’ registrar of voters and then submitted to the Massachusetts Secretary of State’s office. “I’d also like to thank the city and town clerks’ offices and the staff of Secretary of State Bill Galvin in Springfield for making the process run so smoothly during these challenging times,” Oliveira said.

With the announcement in February that State Representative Thomas M. Petrolati will not seek re-election to an 18th term on Beacon Hill, Oliveira entered the race to succeed Petrolati. An eleven-year member of the Ludlow School Committee, Oliveira has distinguished himself locally, regionally, state-



Courtesy photo

Oliveira files nomination papers at the Secretary of State's Springfield office.

wide and nationally as a fierce advocate for public education. As the only millennial in the race, Oliveira would represent a generational change in Western Mass House delegation. “I’m looking forward to bringing new energy and fresh ideas to Beacon Hill” said Oliveira. “With the economy taking a turn and unemployment on the rise, I will work to rebuild and modernize our economy and infrastructure so that we can retain and attract young people to Western Massachusetts.”

A fourth generation Ludlow resident, Oliveira is a third-generation Ludlow High School graduate and an alumnus of Framingham State University. In his professional career, he serves as the Assistant Executive Officer of the Massachusetts State Universities Council of Presidents which represents the interests of the nine state colleges and universities of Massachusetts. Oliveira is currently Chair of the Ludlow Democratic Town Committee and a former elected Ludlow precinct member.

Ludlow Police Log

The Ludlow Police Department responded to 941 calls for service from Saturday, March 14 through Monday, April 6. The department’s police officers made 32 arrests or summons/warrant arrests. There were eight domestic assault-related arrests. There were no arrests for mental health warrants, no arrests for protective custody, and two juvenile arrests or summons.

Sunday, March 15

Eric Tyron Holt, 28, of Springfield, was arrested at 3:10 a.m. on Motyka Street for an arrest warrant.

Kathleen M. Gagnon, 64, of Chicopee, was arrested 6:00 p.m. on Center Street on a charge of obstruction of justice.

Tuesday, March 17

Velinda Calderon, 43, of

Springfield, was arrested at 5:00 p.m. on Chapin Street on charges of operating under the influence of drugs; negligent operation of a motor vehicle; a marked lanes violation; and the possession of a Class E drug (Doxepin).

Sunday, March 29

Tyler A. Godbolt, 41, homeless, was arrested at 3:00 a.m. on Center Street for an arrest warrant.

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Country Bank donates \$50,000 to First Responder Recovery Home

LUDLOW- To help the Hampden County Sheriff's Department successfully operate the First Responder Recovery Home for COVID-19 diagnosed first responders, Country Bank has announced they will contribute \$50,000 to the efforts.

The contribution from the Ware-based financial institution comes with the aim of inspiring other similar organizations to do what they can to assist the department's effort to help the people who typically help others.

"These are challenging and ever-evolving times as we face the continued uncertainty regarding the COVID-19 pandemic and how it will impact our region. As a community partner, we care deeply about our communities, and wanted to show our appreciation and support for first responders, healthcare workers and their families throughout the region when they need it the most. The First Responder Recovery Home will allow first responders to rest a little easier knowing they have an alternative place to recover should they become infected by the virus. It's our hope that Country Bank's donation will be one of many that will support this tremendous initiative and we welcome other community businesses and financial institutions to express their

appreciation of all first responders by supporting the First Responder Recovery Home" stated Paul Scully, President and CEO of Country Bank.

The donation, which brings the overall community contributions upwards of \$87,000, will help ensure that every COVID-19 positive first responder who comes to stay at our facility has nothing but the best food and comforts that we all appreciate when recovering from any illness.

"I can't thank Country Bank enough for stepping forward and making this donation to help our first responders in this time of unprecedented need," said Hampden County Sheriff Nick Cocchi. "Their donation will help us provide top-notch care for the people who usually care for us, and a comfortable environment for the people who come running when we are in need in our daily lives. This is our time to help the helpers. It's the least we can do."

The Hampden County Sheriff's Department opened the First Responder Recovery Home this week to fill an unmet need in the Commonwealth of providing a safe haven for our doctors, nurses, EMTs, police, firefighters and corrections professionals who are diagnosed with

COVID-19, but can't safely go home to recover without jeopardizing the health of a vulnerable family member.

Located at the department's Pre-Release Center on its campus in Ludlow, the refuge is provided free of charge, thanks to the department's generous community supporters and partners.

Sheriff Cocchi and staff started accepting guests this with 84 single-occupancy rooms available. Two rooms are currently occupied as of Friday morning. Anyone coming to stay must be healthy enough to care for themselves, however a pool of voluntary medical professionals from the community led by Dr. Shaukat Matin will be making rounds and if someone needs more comprehensive medical care, the Sheriff's Department will help coordinate transportation. Any doctor, nurse, police, firefighter, EMT, correctional professional or military member can call 413-858-0801 or 413-858-0819 to request a room or ask questions. We will need to have the person's full name, gender and expected length of stay, among other information, and all correspondence will be kept confidential.

"This is not just a Hampden County Sheriff's Department effort. This is

thanks to the good people in our community who care, and step up when things are tough," Sheriff Cocchi said. "As I've said before, these are stressful and uncertain times, and the only way we're going to get through this is by working together. I'm just thankful we have so many strong community partners that put people over profits and go above and beyond when we pick up the phone."

Community partners include; Country Bank, Anthony Ravosa and the 91 Supper Club, Charlie D'Amour and Guy McFarlane of Big Y Foods, Bob Bolduc and Pride Stores, Cesar Ruiz Jr. and Golden Years Home Care, Jim Brennan on behalf of the Edward J. Brennan Jr. Family Foundation, Anthony Cignoli of A.L. Cignoli Company, Jeff Polep of J. Polep Distribution Services, Jay Caron of Bee-Line Corporation, Larry Katz of Arnold's Meats, Andy Yee and Peter Picknelly and Town of Ludlow physician Dr. Shaukat Matin.

Anyone wishing to contribute to the First Responder Recovery Home initiative can send tax-deductible donations to: Criminal Justice Organization, 627 Randall Road, Ludlow, MA 01056. Check memo: "First Responder Recovery Home."

SIDEWALK ART from Page 1

the COVID-19 pandemic and how it may be affecting everybody's mood, she wanted to do something inspirational for anyone walking and driving by her place of residence.

"I didn't know what I could do to help put people lift their spirits and I thought of sidewalk chalk drawings," said Silva. "I just wanted to put out some upbeat messages for people."

She also said that she was also inspired to do this from hearing about positives things that were happening from the news, despite the large amount of coverage on the coronavirus, and also took inspiration from the popular phrase, "When life gives you lemons, make lem-

onade."

After her decision to make art, which she said happened during the second to last week in March, she went outside with her sidewalk with chalk and went to work on her project, which she said took her around seven hours to do.

A few of the pieces she drew were positive phrases such as "Keep the Faith," and "Let Go and Let God." She also wrote symbols such as an Ankh, an Egyptian Hieroglyph representing life.

Silva said that the response she received for her artwork was nothing short of positive and even recalls a passerby stopping his car to come over and thank her for what she was doing. She also said that she and anyone else who has had a chance to view some of

her artwork pieces will simply be encouraged to keep living their lives, even when it feels difficult to do so.

Since Silva made the art, the rainy weather unfortunately washed her drawings away, but she said that she'll consider doing it again. Regardless, she said that she is glad that people had the chance to see and take some inspiration from it and will continue to press forward with the hope that things will get better.

Silva encourages anyone who is considering drawing inspirational artwork for their neighbors and fellow residents across town to do so, and to "think of something inspirational." Also, she said that when sharing these drawings to make sure they're something they like and that others will appreciate seeing.




Courtesy Photos


Mary Beth Silva, drawing some positive and inspirational art pieces to help fellow Ludlow residents stay uplifted during the COVID-19 pandemic.

James “Jason” V. Thompson
1947–2014

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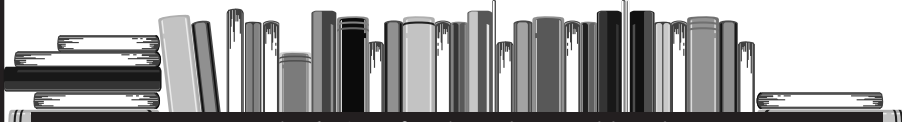
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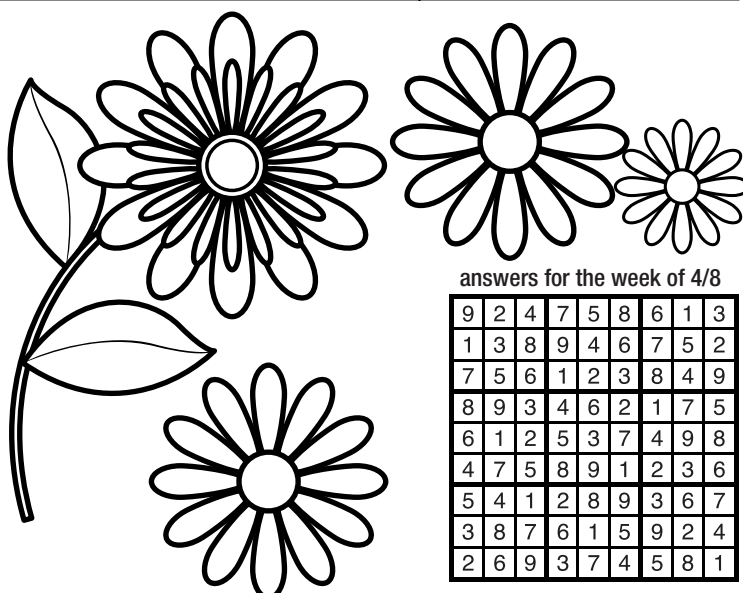
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Pisces, take some time this week to be alone and seek inner peace. During these times of contemplation you can focus on future plans.

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OPINION

EDITORIAL

Looking for ways to help

By Elise Linscott

I recently came across a quote from Mr. Fred Rogers that felt particularly relevant: “When I was a boy and I would see scary things in the news, my mother would say to me, ‘Look for the helpers. You will always find people who are helping.’”

There are scary things in the news these days. But we don’t need to feel powerless, and there are plenty of ways we can help support each other and ourselves in turn.

Some of the first images that come to mind when I think of people helping today are the ones we’re seeing from the frontlines: healthcare workers sacrificing their time, their proximity with family, and sometimes their lives, to help fight the spread of this disease. Essential workers have been putting in overtime at grocery stores and assisted living facilities, and large organizations have been donating funds to help smaller ones stay afloat.

It’s been shown that helping others gives our brains a dopamine rush, in turn contributing to our own sense of well-being. And there are plenty of ways to help each other right now, even for those of us who aren’t on the frontlines fighting the pandemic.

One small way might be to tip extra. This goes a long way for restaurants and business owners who are afraid of shuttering. For anyone with a sewing machine, making face masks is another.

If you have canned food and nonperishables, consider donating them to a food pantry, many of which are in dire need of food and financial contributions right now. Some local Meals on Wheels organizations have also been recruiting backup drivers to avoid any service interruptions and to help get food to more housebound seniors.

If you’ve considered getting a pet, or have space in your home for another, fostering is a great way to help both the animals and the shelters. Most shelters are still operating, often with greatly reduced staffing and hours and opening for adoptions and surrenders by appointment only.

Another easy way to make a difference is by reaching out to people you care about. It can feel lonely when we’re isolating at home and not able to see each other in-person; I imagine that elderly people, who already experience higher levels of loneliness than other age groups, must be feeling that especially strong right now. Calling, writing cards and sending care packages are little gestures that can go a long way in helping people feel connected and loved.

Checking in with someone who’s having a tough time and offering some validation, acknowledging their fear or grief and providing a little hopeful statement – something like, “I know this is really difficult; I’m here for you and I believe in you” – can also help comfort someone without overpromising. When I hear phrases like, “Don’t worry, everything will be fine,” that can feel dismissive and overly hopeful, because in reality no one knows if everything will be fine. But feeling heard and understood, and hearing words of genuine hope and encouragement back, can feel soothing and supportive.

As I’m writing this, I’m looking out the front window of my house, watching a boy and his mother walk down the street with their dog while picking up garbage and collecting it in a pile.

The bottom line: there are a myriad of ways to make a difference, both for ourselves and for others, and they all help make our communities stronger.



GUEST COLUMN

The spotlight is on early bloomers

For years I drove by this particular house on my way to work, and every April I admired a “sea” of tiny blue flowers growing in the lawn. They literally stopped traffic for a few weeks each spring then disappeared.

The tiny blue flower are Siberian squill (*Scilla siberica*). Singularly they are not much to speak of, but when planted en masse, they really stand out against the backdrop of a green lawn. Each mature bulb produces three or four stems of drooping royal blue flowers not more than 4” tall. Leaves are blade-like, a bit thicker than those of grass, blending in nicely with it after flowers fade. The bulbs themselves are quite small, so planting them is easy. Simply take a trowel and stab at the ground, pulling back a bit of earth. Sprinkle some well-balanced organic fertilizer into the divot and insert the bulb pointed side up, two to three inches deep, then close the hole.

Over time, Siberian squill will multiply in numbers by offshoots and seed. For a nice showing early on, be prepared to plant at least a couple of hundred. Remember too, that bulb foliage needs to ripen before it is removed, so hold off on mowing the lawn until it has yellowed. The lawn isn’t the only place where Siberian squill are at home- try groupings of seven to nine in a perennial garden for a splash of early color. They look great in my mom’s garden and return effortlessly year after year.

Another plant at home in the perennial garden is the primrose. They are plentiful at florist shops and nurseries this time of year. With any luck you may have even



received one as an Easter gift. Even though they are usually sold in small pots, it’s hard to miss their brightly colored flowers poking up through basal foliage. They come in almost every color of the rainbow.

Many types of primrose make great garden plants; check the label to make sure the one you purchase is hardy before planting it outdoors.

I have had a clump of prim- roses blooming for years now that started out as a potted plant. After enjoying it indoors, let it harden off a bit before planting it in the ground; a partly shady spot with moisture retentive soil is best. Mom’s garden has a number of primroses in it too.

Typically they need to be divided every three years or so, evident by die-out that begins in the center of the plant. Simply separate a chunk from the outer portion of the plant and replant it in rejuvenated soil. I prefer to do this early in the season but it can also be accomplished right after flowering has ended. In the heat of the summer, and especially in drier soils, the plant can look a little yellow and ragged. Keeping it well watered helps.

Expect blooms by the end of this month; they look particularly nice alongside late tulips and daffodils!

Roberta McQuaid graduated from the Stockbridge School of Agriculture at the University of Massachusetts. For the last 28 years, she has held the position of staff horticulturalist at Old Sturbridge Village. She enjoys growing food as well as flowers. Have a question for her? Email it to ekennedy@turley.com with “Gardening Question” in the subject line.

NEWS & FEATURES

As a paper of record, we attempt to cover all general news, personality profiles, and community features that we know about. This includes all selectmen and school committee meetings as well as spot planning board, board of health, finance, and other town meetings determined by the issue’s relevance to our readers. There are the annual major community event features that we should always cover, but we are more than open to suggestions of other features to celebrate the fabric of our communities and their many interesting occupants. Our loyal advertisers provide funding for this paid staff coverage.

For more information on news or community features for The Ludlow Register, please email ludlowregister@turley.com.

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The REGISTER

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All unknown or alleged facts and quotations offered by the author need to cite credible, unbiased sources.

Send letters to: The Register, 24 Water Street, Palmer, MA 01069 or email rwirth@turley.com. The deadline for submissions is Friday at noon.

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Please send photo captions identifying all subjects in your image(s) from left to right.

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GUEST COLUMN

A mother's plea in the fight against Coronavirus

By Julie Midura

As a mom, we want to protect our children from harm. We want to shelter them from evil. Their heartache is our heartache. Their pain is our pain.

I received this text from my daughter, Lauren, four hours into her twelve hour overnight shift at the largest hospital in our area, and I wept; for my daughter... for her coworkers... and for the innocent lives lost to Covid-19.

Lauren is a Respiratory Therapist. She helps people breathe when they are unable to do it on their own. She helps save lives. She is also there when lives can't be saved. And while she may be twenty-six years old, she will always be my 'little girl.'

Lauren graduated from Ludlow High School in 2012. She decided to go into the medical field. She wanted to help people. She wanted to make a difference in people's lives. But she never dreamed that there would come a day when her own health... and her very life would be on the line when she slipped into her scrubs and headed to work at the hospital. She never expected to be fighting an invisible war in a nation that would run out of the very protection she would need to keep her safe. She never imagined that she would be surrounded by so many patients, all of whom would be fighting against an evil that has no cure. She never thought that there would be a day when patients would be all alone as they struggled to breathe, and fought to survive... with no family member by their side to hold their hand. She never dreamed that there would be a formula in place in case the number of patients outnumbered the ventilators.



A text from Lauren Kalesnik, a respiratory therapist at Baystate Medical Center.

Most of you haven't seen what this virus can do. And while I haven't seen it first-hand, I have seen it in the eyes of my child. I have seen the pain, the fear, the heartache, and the exhaustion. I will never forget what it looks like.

It is evil.
It has no mercy.
It doesn't care how young or old you are. It wants to destroy everything it touches. And it jumps from person to person SO INCREDIBLY EASILY. There is only one way to stop it: and

that is by not giving it people to infect.

The heroes in the medical field who are fighting on the front lines of this pandemic have a very clear perspective on how impactful each person's behavior can be to the lives of those around them. Each one of us has the opportunity to save lives. We need to protect the most vulnerable among us. Those who are young and strong have a responsibility to prevent the virus from spreading to those who are unable to fight it. Social distancing and the wearing of face coverings will assist in slowing the spread.

The sooner we do our part as individuals, the faster we can unite with our loved ones and come together as a society. And if you can't bear the thought of social distancing... imagine being a medical professional who spends lonely nights in a motel room, or in their basement or guest room in order to isolate themselves from their immediate family. Imagine your daughter, son, spouse or parent lying in a hospital bed with NO ONE by their side to comfort them. Imagine the anguish of remaining at home and not knowing if they are still alive... or if they died alone.

If this scares you, it should. Because this is the harsh reality for those in the medical community, for those who are hospitalized, and for the loved ones who must remain at home.

Let's do our part as a community to slow the spread. Stay six feet away from others. Wear a face covering when in public. Wash your hands. Don't touch your face.

The life you save could be my daughter's.
The life she saves could be yours.

On the Front Line



Maureen Ingram BSN, RN of Ludlow working at the COVID-19 testing site at Johnson Memorial Hospital in Stafford Springs, Conn.



Submitted photos. Maureen Ingram BSN, RN of Ludlow and colleagues working at the COVID-19 testing site at Johnson Memorial Hospital in Stafford Springs, Conn.

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CLUES ACROSS

1. Germanic mythological god

4. Cash machine

7. Improvement

12. What voters want

15. Sheepish

16. Placed at powerful level

18. Measure of illumination

19. Trent Reznor's band

20. Commercial

21. Amounts of time

24. English broadcaster

27. Rolls of tobacco

30. Position

31. Expresses pleasure

33. Corporate exec (abbr.)

34. Body part

35. Bleated

37. Businessman

39. Beats per minute

41. Defunct Italian

42. Broken branch

44. Put in advance

47. Arrest

48. Prefix indicating adjacent to

49. Artificial intelligence

50. Disfigure

52. The Fighting Irish (abbr.)

53. Not in any place

56. Predict

61. A system of getting stuff from one place to another

63. Philosophy of the principles of things

64. US gov't office (abbr.)

65. Seaborgium's former name (abbr.)

CLUES DOWN

1. Network connector

2. Primordial matter

3. Get up

4. Uncoordinated

5. Ill-fated cruise ship

6. Work hard

7. Drivers' speed

8. Largest English dictionary (abbr.)

9. Healthcare pro

10. Egyptian Sun god

11. Expresses the negative

12. Some are three-legged

13. Clothing manufacturer

14. Close by

17. Tooth caregiver

22. Housing material

23. Flows through

24. Founder of Babism

25. Honorific title

26. A type of letter

28. Seize and hold firmly

29. Artery

32. Body fluids

36. Press against lightly

38. An island in the Pacific

40. A reminder of past events

43. Austrian spa town

44. Peter's last name

45. Something a mob might do

46. Of the bones of the feet

51. "Amazing Stories" writer

54. Nazi-resistant youth group (abbr.)

55. Used to have (Scottish)

56. A way to cook

57. Japanese port city

58. Type of precipitation

59. Engrave

60. Female sibling

62. Expresses emotion

ANSWERS ON PAGE 15

◆• BEING A ◆•

good neighbor

MATTERS.

NOW MORE THAN EVER.

AND WE'VE LEARNED A LOT LATELY ABOUT WHAT THAT MEANS.

Checking in on a friend doesn't always mean visiting. Lending a hand might mean washing yours. Most importantly, we've been reminded of the strength and resilience within our community.

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IN THE CLASSROOM

Springfield College named to Phi Theta Kappa Transfer Honor Roll for fifth-consecutive year

SPRINGFIELD, Mass. - For the fifth-consecutive year, Springfield College has been named to the Phi Theta Kappa Transfer Honor Roll, which identifies the top four-year colleges and universities for creating dynamic pathways to support community college transfer. Springfield College is one of only 122 colleges and universities in the country to be recognized for this honor, including one of only five colleges and universities in Massachusetts.

“We are very honored once again to be among a small, select group of colleges recognized nationally by Phi Theta Kappa for our high level of commitment to the success of transfer students,” said Stuart Jones, vice president for enrollment management at Springfield College. “Educating students in spirit, mind, and body for leadership in service to others is the hallmark of who we are and what we do best.”

Introduced at the start of the 2019-20 academic year, Springfield College continues to allow incoming transfer students to transfer up to 75 credits. This represents an increase of transferable credit, up from the previous limit of 60 credits, and makes Springfield even more transfer-friendly.

“It’s my number one goal to make the Springfield College transfer application process as transparent and stress-free as possible, and to provide students and families with the highest level customer service experience,” said Senior Assistant Director of Admissions/Transfer Coordinator Kate Stano.

The Transfer Honor Roll recognizes



four-year colleges and universities that have developed transfer pathways, which lead to excellence and success among community college transfer students. Colleges were selected based on their Transfer Friendliness Rating, which is determined by the Transfer Profile they create in PTK Connect.

PTK Connect is the Phi Theta Kappa online tool that helps students find their best-fit colleges, career pathways, and more. Students can search for colleges by name, scholarship offerings, or cost, and they can use institution profiles to help evaluate where they’d like to enroll.

“The Transfer Honor Roll reflects the growing importance of recognizing and responding to the needs of transfer students,” said Phi Theta Kappa President and CEO Lynn Tincher-Ladner.

“This award is given to four-year colleges and universities with proven outcomes for transfer success. They are the best at providing a supportive and smooth transition from community college-equating to increased rates of bachelor’s degree attainment for transfer students.”

Colleges utilizing PTK Connect can complete a Transfer Profile, which asks questions about admissions practices, cost of attendance, campus life, recruitment practices, and peer reviews. It is meant to reflect what the transfer student experience is like at their colleges, as well as the strategies colleges are taking to support and enroll transfer students.

The profile immediately gives colleges a Transfer Friendliness Rating they can use internally to gauge how friendly

their admissions and recruitment strategies are at their institution. The top 25 percent highest-rated colleges are named to the Transfer Honor Roll.

“PTK Connect and the Transfer Profile are one of a kind and no other resource specifically focuses on supporting transfer students and sharing data relevant exclusively to this population of students,” said Phi Theta Kappa Vice President of Scholarship and Membership Christin Grissom.

Colleges and universities that provide high-quality transfer programs benefit from the rich perspective and diversity community college students bring to the student body. These students are scholars, leaders, and global citizens.

Phi Theta Kappa is the premier honor society recognizing the academic achievement of students at associate degree-granting colleges and helping them to grow as scholars and leaders. The Society is made up of more than 3.5 million members and nearly 1,300 chapters in 11 nations, with approximately 240,000 active members in the nation’s colleges. Learn more at atptk.org.

Springfield College is an independent, nonprofit, coeducational institution founded in 1885. Approximately 4,100 students, including 2,500 full-time undergraduate students, study at its main campus in Springfield, Mass., and at its regional campuses across the country. Springfield College inspires students through the guiding principles of its Humanities philosophy - educating in spirit, mind, and body for leadership in service to others.

MENTAL HEALRTH from Page 1

Keep a routine — “Another factor is trying to maintain some sense of a routine,” said Levine. “What that routine looks like is obviously individual; it does not need to mean that it’s filled with to-do’s because right now people need to allow themselves a little bit of space to breathe and take in what’s happening.”

Seek Support and Continued Connection — Preserving relationships is essential as well. Whether it’s through text, over the phone, online or by mail, communication is key. “Another thing that speaks to managing anxiety is to be reaching out to other people in need or other people who may be isolated,” Levine said. “It really is critical to good mental health. If you’re only focused on yourself, you’re going to get caught up in your worries. The ability to think about others is great for them but also great for you.”

Do Fun Things — “Make time for activities that make you feel better,” Jeffers says, “whether that’s watching movies, doing arts and crafts, reading, praying, meditating, or exercising.”

Recognize Loneliness — “Loneliness, fear, boredom — these are normal reactions,” Jeffers notes. “Try to re-focus on positive situations and positive activities.”

Modify Activities — “Listen to your feelings and give yourself breaks from a situation if you need to,” Jeffers says. “Shift your expectations and priorities. Don’t be afraid to re-focus on what gives you meaning, fulfillment or purpose.”

Reach Out for Help — “If you need help, it’s available,” Jeffers said. “Most agencies are offering telehealth, and no special equipment is needed.”

Dr. James Levine, Ph.D. of James Levine & Associates in South Hadley focuses his clinical interests on trauma, mental health, learning and behavior.

While virtually tending to patients during the lockdown, Levine came to the conclusion that “social distancing” is a misused phrase.

“To me, socially distancing is actually a misnomer because you’re trying to stay socially connected but physically distant. For people who tend to turn inward and have an inclination to isolate themselves, this only exacerbates that, and for people who are extroverts, this is also very hard,” said Levine.

CSO

“The temporary telehealth expansion has truly been a lifeline for so many people,” Jeffers said. “Not only are existing clients able to keep their appointments by phone, but new clients can reach out without fear of exposure to the coronavirus.”

Clinical & Support Options (CSO) fully expects there to be a rise in new clients in the coming weeks and months.

port Options has 16 locations across western Mass., including five “open access” clinics (Springfield, Pittsfield, Northampton, Greenfield, Gardner and Athol) and three Crisis/Respite centers (Northampton, Greenfield, and Athol). To schedule an appointment, call your local CSO location (csoinc.org/locations) or be directed by calling the main office at 413-774-1314.

BHN

The behavioral service provider has recently launched BHNTeleCare, in response to the COVID-19 crisis which allows individuals to continue counseling sessions with their therapists from the comfort and safety of their own homes.

To respond to the need for social distancing as well as the increase in stress and behavioral health challenges during the COVID-19 crisis, BHN is transitioning service at its 10 counseling and outpatient clinics to remote therapy, providing services via virtual sessions, seven days a week.

We would like to thank our customers and employees for their loyalty and cooperation during these challenging times. Pricing and availability for fresh meat is still unstable, but we continue to try hard everyday to bring you quality products at the best available prices. As always we have a wide variety and selection of Frozen Products available at a great value everyday. We wish everyone good health!

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| USDA INSP. FRESH PORK SHOULDER PICNIC..... 79^c lb | USDA INSP. FRESH CHICKEN WINGS WHOLE..... \$1⁹⁹ 10 lb bag |
| USDA INSP. SLICED IN OUR DELI ROAST BEEF \$5⁹⁹ lb | USDA INSP. IQF FROZEN 21/25 CT EASY PEEL COOKED SHRIMP..... \$10⁹⁹ 2 lb bag |
| USDA INSP. VERNON MANOR SLICED PEPPERONI..... \$5⁹⁸ 2 lb bag | |
| USDA INSP. SWISS CHEESE..... \$3⁹⁹ lb | |

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“M a n y people are feeling varying degrees of anxiety and worry right now,” Jeffers said. “It’s very important people know where to get help — and that it’s only a phone call away.”

Jeffers adds that even intake procedures for new clients seeking treatment during the crisis can be completed remotely.

Clinical & Sup-

For those without access to phone or video technology, BHN’s physical outpatient clinics are operating limited hours to continue providing in-person services during this crisis.

According to Katherine Wilson, President and CEO of BHN, “This innovation in the way we provide therapy and counseling services is groundbreaking and allows us to render services where people are. This is particularly critical as a result of the needs that have emerged due to the spread of COVID-19. It allows a counseling avenue for those suffering with anxiety and in need of support during this time of crisis affecting individuals and families.”

People can call 413-BHN-WORKS to both learn more and to schedule an appointment with a therapist.

BHN has locations include Springfield, Ware, Northampton, Holyoke and Westfield.

Reach Dalton Zbierski at Dzbierski@turley.com.

Reach Melina Bourdeau at Townreminder@turley.com.

SPORTS

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PVIAC preparing for possible spring season

By Gregory A. Scibelli
Staff Writer

REGION – With the Massachusetts Interscholastic Athletic Association’s Board of Directors and the Tournament Management Committee highly engaged in remote meetings on a weekly basis trying to make decisions on the spring season, another body is getting ready to go just in case.

In the springtime, many athletic directors are making their schedules for the fall season, as high school sports usually finalize schedules a season in advance.

But there has been a lot of working going on the past couple of weeks to establish a new

schedule for the springtime.

This schedule would focus on using the modified timeline and try and to fit in a 12-game regular season between May 4 and June 12.

The schedule would allow teams to play between two and three contests per week in most team sports. This includes: baseball, softball, boys lacrosse, girls lacrosse, boys tennis, girls tennis, and boys volleyball.

Agawam High School Athletic Director David Stratton, a member of the Pioneer Valley Interscholastic Athletic Association’s Executive Board, said there was recently a meeting of the membership to discuss the spring season.

“It was a really good meet-

ing,” said Stratton. “We had it remotely with about 40 athletic directors attending.”

Stratton said the main point of the meeting with the PVIAC’s desire to give student-athletes a spring season, in some modified form.

He did not say if fans would be allowed at games, as of now, but said if school does resume, a 12-game maximum regular season would be the goal of the PVIAC.

“We want to give these kids a season if we can,” said Stratton. “So the athletic directors have begun creating schedules, which have gone to the league and individual sport schedulers to be finalized.”

At this point, however, it

could be all for nothing. Despite that, the athletic directors want to be ready in the event they are allowed to hold sports.

“Right now, we really don’t know,” said Stratton. “This entire exercise (making a modified schedule) could be a futile exercise.”

Stratton said under the current format the MIAA has agreed to, spring sports could open up on May 4 for practices with contests able to start on May 11. There would be five weeks of a regular season, down from the usual eight-week regular campaign.

Please see **SPRING SPORTS**, Page 10

Late Bryant headlines next Hall class

SPRINGFIELD – Today on ESPN, the Naismith Memorial Basketball Hall of Fame announced the nine honorees in the Class of 2020 presented by Fifty-Five South Ventures. The Class of 2020 will be enshrined in Springfield, Massachusetts, the Birthplace of Basketball, on Saturday, Aug. 29.

As previously announced, in light of the unique circumstance surrounding the Class of 2020, the Naismith Memorial Basketball Hall of Fame Election Process Committee suspended the Direct Election Categories for one year with the exception of the International Committee. This year’s distinguished class includes honorees from the North American committee, Women’s Committee and International Committee. To be elected, North American and Women’s Committee finalists must receive 18 of 24 votes from the Honors Committee for election into the Naismith Memorial Basketball Hall of Fame.

The Class of 2020 includes: 18-time NBA All-Star and five-time NBA champion Kobe Bryant, 15-time NBA All-Star and three-time NBA Finals MVP Tim Duncan, 15-time NBA All-Star and nine-time NBA All-Defensive First Team selection Kevin Garnett, four-time National Coach of the Year Eddie Sutton, two-time NBA Champion coach Rudy Tomjanovich, 10-time WNBA All-Star and four-time Olympic gold medalist Tamika Catchings, three-time NCAA National Championship Coach of Baylor Kim Mulkey, five-time Division II National Coach of the Year Barbara Stevens and longtime FIBA executive Patrick Baumann.

“The Class of 2020 is undoubtedly one of the most historic of all time and the talent and social influence of these nine honorees is beyond measure,” said John L. Doleva, President and CEO of the Naismith Memorial Basketball Hall of Fame. “In 2020, the basketball community has suffered the unimaginable loss of iconic figures Commissioner David Stern and Kobe Bryant, as well as the game itself due to COVID-19. We have also banded together like never before in appreciation of the game and those who have made it the uniting force it is today. Today we thank the Class of 2020 for all they have done for the game of basketball and we look forward to celebrating them at Enshrinement in August.”

The Class of 2020 Enshrinement festivities will begin at

Please see **HALL OF FAME**, Page 10

Thompson named Specialty Man of the Year for T-Birds

SPRINGFIELD - The Springfield Thunderbirds are proud to announce that Paul Thompson has been named the team’s winner of the IOA/American Specialty AHL Man of the Year award for his outstanding contributions to the Springfield community during the 2019-20 season.

In his third season as a Thunderbird and his second as team captain, the New England native has continued to show his commitment to the community beyond the ice surface.

Before the 2019-20 season began, Thompson was a regular sight at a number of off-season functions, including the Thunderbirds’ Street Hockey Tournament, which was born following the untimely passing of a young local hockey player, Alex Blais, two summers ago. Thompson also gave back to the youth hockey community of Western Mass., starting and running the Paul Thompson Hockey Camp out of MassConn United for beginning hockey players.

In the month of November, in advance of the club’s second annual Hockey Fights Cancer Night, Thompson lent his hand to share a deeply personal story to aid a cause near and dear to his family – his cousin Angela’s cancer battle and #AngelasArmy initiative. Angela’s



Paul Thompson, a member of the 2019-2020 Springfield Thunderbird was recently named IOA/American Specialty AHL Man of the Year.

Army makes “care packages” for patients undergoing cancer treatment, and was born out of Angela’s desire to assist other patients, providing comfort to them even as she was going through her own battle.

In addition to participating in a number of team events, one that shined through the most was during the holiday season. Along with teammates Ethan Prow, Rob O’Gara and Tommy Cross, Thompson led a selfless journey to brighten the lives of a mother and two young children who suddenly had to endure the passing of their father just weeks before the Christmas holiday. The captain and his teammates spent hundreds of dollars on

toys and essential items to make the family feel special during their most trying time. The story was documented by Western Mass News and can be seen: here

Thompson is now one of 31 finalists for the AHL’s 2019-20 Yanick Dupre Memorial Award, honoring the overall IOA/American Specialty AHL Man of the Year. The league award is named after the former Hershey Bears forward and AHL All-Star who died in 1997 following a 16-month battle with leukemia.

The winner of the Yanick Dupre Memorial Award will be announced by the American Hockey League at a later date.



Submitted photos
Paul Thompson, Springfield Thunderbirds

First Monadnock event set for May 9

WINCHESTER, N.H. – Due to the coronavirus outbreak and based on the orders by New Hampshire state officials, the Tri-Track Open Modified Series and NHSTRA events at Monadnock Speedway are postponed through at least May 4. According to the speedway’s website, the offices are also closed until at least May 4, but staff of the office are checking email and messages every day. Currently, the season is set to open on Saturday, May 9 with a full slate of events, including: 100-lap Tri Track Modified Series, NHSTRA modifieds, late model sportsman, street stocks, mini-stocks, pure stocks and young guns. It is unknown whether speedway events will be open to the public when they resume.

Athlete of the Week

NAME: Sophia Barroso
TOWN: Ludlow

The youngster participated in the Szlats Memorial Basketball Tournament prior to it being shut down. She represented a fifth and sixth grade squad from Ludlow

To nominate someone for Athlete of the Week, contact Managing Sports Editor Gregory A. Scibelli at 413-283-8393 ext. 258 or send an e-mail to gscibelli@turley.com.



SPRING SPORTS

The MIAA and the TMC have also agreed there is not enough time in the contract school year to hold a state tournament, so the sectional tournaments will be the only ones held if the season is able to start.

Gov. Charlie Baker has mandated that schools remain closed until May 4. The commonwealth is currently in a time pe-

riod being coined as a “surge” for coronavirus cases, though there have been national signs the social distancing and stay-at-home advisories are being effective. The TMC was scheduled to meet this week to continue discussions about how a tournament held in late June will look, but may not have the ability to make any new decisions until the state government issues updated guidance on school events.

HALL OF FAME

Mohegan Sun on Friday, Aug. 28 with the newly formatted Enshrinement Tip-Off Celebration and Awards Gala. The Class of 2020 and over 50 returning Hall of Famers will then journey to Springfield, Mass. for the annual celebratory events taking place at the newly renovated Naismith Memorial Basketball Hall of Fame and Springfield Symphony Hall on the Aug. 29. The second day of events in

Springfield will include a special community-focused Celebration Day on the Aug. 30.

Ticket packages to the 2020 Enshrinement Ceremony and all Enshrinement events are on sale now and available online at www.hoophall.com or by calling the Basketball Hall of Fame at (413) 231-5513. Premium Sponsors of Enshrinement 2020 include Fifty-Five South Ventures, Nike, Baron Championship Rings, Mohegan Sun and Panini.

PUBLIC NOTICES

NOTICE OF PUBLIC HEARING

Pursuant to MGL Chapter 71, Section 38N, the Ludlow School Committee will hold a Public Hearing on the Ludlow Public Schools proposed budget for July 1, 2020 through June 30, 2021 on **Tuesday, April 28, 2020 at 5:00 p.m.**, in the School Committee Room., 63 Chestnut St., Ludlow, MA 01056.

Charles Mullin, Chairman
Ludlow School Committee

**Per Governor Baker's order suspending certain provisions of the Open Meeting Law, G.L. c. 30A sec. 20, the public will not be allowed to physically access this School Committee meeting. Members of the Committee will participate remotely via an interactive online video platform. Members of the Public can access the meeting via Ludlow Cable Television as this meeting is broadcast live.

In order that “all interested persons shall be given an opportunity to be heard for or against the whole or any part of the proposed budget.” A dedicated email account has been established for that purpose FY21budgetpublichearing@ludlowps.org. This email will be monitored throughout the meeting, in real time, so that all questions or comments by the public can be heard by the committee.

4/15/2020

Commonwealth of Massachusetts
The Trial Court
Hampden Probate and Family Court
50 State Street
Springfield, MA 01103
(413)748-7758
Docket No. HD20P0585EA
Estate of:
Gloria J Ludkiewicz
Date of Death: 11/12/2019
CITATION ON PETITION FOR FORMAL ADJUDICATION

To all interested persons:
A Petition for Formal Probate of Will with Appointment of Personal Representative has been filed by William R Ludkiewicz of East Longmeadow MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition.

The Petitioner requests that: William R Ludkiewicz of East Longmeadow MA be appointed as Personal Rep-

resentative(s) of said estate to serve **Without Surety** on the bond in an **unsupervised** administration.

IMPORTANT NOTICE

You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of **04/28/2020**.

This is NOT a hearing date, but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty (30) days of the return day, action may be taken without further notice to you.

UNSUPERVISED ADMINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC)

A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration.

WITNESS, Hon.
Barbara M Hyland, First Justice of this Court.
Date: March 31, 2020

Suzanne T. Seguin
Register of Probate

4/15/2020

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT / HOME OCCUPATION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, April 30, 2020 at 4:40 p.m.*** on the application of Dennis and Melanie Fialho for property located at **169 Stevens Street, Ludlow, MA** for **Home Office – property management**.

*COVID-19: Please be advised that by the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G.L.c. 30A, §20, relating to the 2020 novel Coronavirus outbreak

emergency, the April 30, 2020 Ludlow Planning Board public hearing shall be physically closed to the public.

Alternative public access to this hearing shall be provided in the following manner:

This hearing will be conducted via conference call. Anyone wishing to participate remotely shall, as soon as reasonably possible prior to the hearing, provide notice to the chair by contacting Doug Stefancik at (413) 583-5624 X1281, Monday-Friday 8:30AM to 4:30PM or by e-mail at dstefancik@ludlow.ma.us. Those giving such notice will need to identify the public hearing and provide their name, address and a contact phone number. At the start of the hearing, the chair shall announce those persons participating remotely and the information will be recorded in the minutes per 940 CMR 29.10 (7) (a-b).

The hearing will be available for viewing on cable access channel 191. Instructions for Live Stream via LCTV's Website are available on the home page of the Town's Website.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, May 14, 2020 at 4:40PM.

Raymond Phoenix
Chairman

4/15, 4/22/2020

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT / HOME OCCUPATION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, April 30, 2020 at 4:30 p.m.*** on the application of Paul Babiec for property located at **69 Cedar Street, Ludlow, MA** for **Home Office – landscaping**.

*COVID-19: Please be advised that by the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G.L.c. 30A, §20, relating to the 2020 novel Coronavirus outbreak emergency, the April 30, 2020 Ludlow Planning Board public hearing shall be physically closed to the public.

Alternative public access to this hearing shall be provided in the following manner:

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to the hearing, provide notice to the chair by contacting Doug Stefancik at (413) 583-5624 X1281, Monday-Friday 8:30AM to 4:30PM or by e-mail at dstefancik@ludlow.ma.us. Those giving such notice will need to identify the public hearing and provide their name, address and a contact phone number. At the start of the hearing, the chair shall announce those persons participating remotely and the information will be recorded in the minutes per 940 CMR 29.10 (7) (a-b).

The hearing will be available for viewing on cable access channel 191. Instructions for Live Stream via LCTV's Website are available on the home page of the Town's Website.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, May 14, 2020 @ 4:30PM.

Raymond Phoenix
Chairman

4/15, 4/22/2020

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT / HOME OCCUPATION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, April 30, 2020 at 4:45 p.m.*** on the application of Paul Babiec for property located at **69 Amherst Street, Ludlow, MA** for **Home Office – home remodeling**.

*COVID-19: Please be advised that by the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G.L.c. 30A, §20, relating to the 2020 novel Coronavirus outbreak emergency, the April 30, 2020 Ludlow Planning Board public hearing shall be physically closed to the public.

Alternative public access to this hearing shall be provided in the following manner:

This hearing will be conducted via conference call. Anyone wishing to participate remotely shall, as soon as reasonably possible prior to the hearing, provide notice to the chair by contacting Doug Stefancik at (413) 583-5624 X1281, Monday-Friday 8:30AM to 4:30PM or by e-mail at dstefancik@ludlow.ma.us. Those giving such notice will need to identify the public hearing and provide their name, address and a contact phone number. At the start of the hearing, the chair

shall announce those persons participating remotely and the information will be recorded in the minutes per 940 CMR 29.10 (7) (a-b).

The hearing will be available for viewing on cable access channel 191. Instructions for Live Stream via LCTV's Website are available on the home page of the Town's Website.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, May 14, 2020 at 4:45PM.

Raymond Phoenix
Chairman

4/15, 4/22/2020

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT / HOME OCCUPATION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, April 30, 2020 at 4:35 p.m.*** on the application of Robert Ziemba for property located at **26 Wilno Avenue, Ludlow, MA** for **Home Office – small machine shop**.

*COVID-19: Please be advised that by the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G.L.c. 30A, §20, relating to the 2020 novel Coronavirus outbreak emergency, the April 30, 2020 Ludlow Planning Board public hearing shall be physically closed to the public.

Alternative public access to this hearing shall be provided in the following manner:

This hearing will be conducted via conference call. Anyone wishing to participate remotely shall, as soon as reasonably possible prior to the hearing, provide notice to the chair by contacting Doug Stefancik at (413) 583-5624 X1281, Monday-Friday 8:30AM to 4:30PM or by e-mail at dstefancik@ludlow.ma.us. Those giving such notice will need to identify the public hearing and provide their name, address and a contact phone number. At the start of the hearing, the chair shall announce those persons participating remotely and the information will be recorded in the minutes per 940 CMR 29.10 (7) (a-b).

The hearing will be available for viewing on cable access channel 191. Instructions for Live Stream via LCTV's Website are available on the home page of the Town's Website.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, May 14, 2020 @ 4:35PM.

Raymond Phoenix
Chairman

4/15, 4/22/2020

LUDLOW PLANNING BOARD LEGAL NOTICE SPECIAL PERMIT / HOME OCCUPATION

The Ludlow Planning Board will hold a public hearing in Ludlow Town Hall, Selectmen's Conference Room on **Thursday, April 30, 2020 at 4:50 p.m.*** on the application of Brandon Underwood for property located at **17 Maple Street, Ludlow, MA** for **Home Office – landscaping**.

*COVID-19: Please be advised that by the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G.L.c. 30A, §20, relating to the 2020 novel Coronavirus outbreak emergency, the April 30, 2020 Ludlow Planning Board public hearing shall be physically closed to the public.

Alternative public access to this hearing shall be provided in the following manner:

This hearing will be conducted via conference call. Anyone wishing to participate remotely shall, as soon as reasonably possible prior to the hearing, provide notice to the chair by contacting Doug Stefancik at (413) 583-5624 X1281, Monday-Friday 8:30AM to 4:30PM or by e-mail at dstefancik@ludlow.ma.us. Those giving such notice will need to identify the public hearing and provide their name, address and a contact phone number. At the start of the hearing, the chair shall announce those persons participating remotely and the information will be recorded in the minutes per 940 CMR 29.10 (7) (a-b).

The hearing will be available for viewing on cable access channel 191. Instructions for Live Stream via LCTV's Website are available on the home page of the Town's Website.

If for any reason this hearing is cancelled, it will be rescheduled to Thursday, May 14, 2020 at 4:50PM.

Raymond Phoenix
Chairman

4/15, 4/22/2020



OBITUARIES

DEATH NOTICES

Andryc, Joseph J., Jr.
Died April 12, 2020
All services are private
Kapinos-Mazur Funeral Home

Cummings, Brenda (Allen)
Died April 11, 2020
Services were held privately
Beers & Story Funeral Home

Harackiewicz, Vincent A.
Died April 13, 2020
Funeral Services will be held privately
Ludlow Funeral Home

Ziemian, Vivian M. (Bazan)
Died April 11, 2020
All services are private
Kapinos Mazur Funeral Home

The Ludlow Register OBITUARY POLICY

Turley Publications offers two types of obituaries.

One is a free, brief **Death Notice** listing the name of deceased, date of death and funeral date and place.

The other is a **Paid Obituary**, costing \$120, which allows families to publish extended death notice information of their own choice and may include a photograph. **Death Notices & Paid Obituaries** should be submitted through a funeral home to: obits@turley.com.

Exceptions will be made only when the family provides a death certificate and must be pre-paid.

Support the local businesses that support your local newspaper.
Let them know you saw their ad in the **Ludlow Register**

Joseph J. Andryc Jr., 78

LUDLOW – Joseph J. Andryc Jr. of Ludlow, passed away on Sunday, April 12, 2020. Born in Providence RI on January 6, 1942, he was the son of the late Joseph and Adele (Podworney) Andryc. Joseph proudly served his country as a member of the U.S. Air Force during the Vietnam War. He went on to work for Mass Mutual for many years. A longtime Ludlow resident, Joseph was a communicant of Christ the King Church. He loved fishing and was an avid Boston Red Sox fan.

Joseph is survived by his wife Sandra (Gove) Andryc of Lud-



low; his son Kevin Andryc of Ludlow; his daughter Cynthia Shephardson (Paul) of Palmer; a brother Michael Andryc of New Mexico; 3 sisters Margaret Woolley of Coventry, RI; Betty Ann Rogers of West Warwick, RI and Jeanette Cook of South Yarmouth, MA. He also leaves his beloved grandchildren Paul Jr. Kaitlyn and Kailey. Sadly he was predeceased by his granddaughter Kari and his sister Phyllis Roy

All services are private. Kapinos-Mazur Funeral Home is in charge of arrangements. For more information please go to www.kapinosmazurfh.com.

Brenda (Allen) Cummings, 96

GRANBY - Brenda (Allen) Cummings, 96, of Granby, passed away April 11, 2020 in South Hadley. Born in Ludlow, MA on July 21, 1923, she was the daughter of Harry James and Lelia (Miller) Allen and was a 10th generation descendant of John and Priscilla Alden who came to America aboard the Mayflower.

Brenda attended Ludlow schools and attended all of her high school reunions including the 70th, which she organized. Following high school graduation she worked for Mass Mutual until her marriage in 1945 to Robert H. Cummings, a lieutenant in the U.S. Army. In 1947, she and her husband bought and worked for many years a dairy farm in Granby.

Music was always a big part of her life. She played the piano and sang in the Granby Church of Christ choir for more than fifty years.



Besides raising three children, Brenda worked a five-year term as secretary to the Granby Board of Selectmen and was secretary to a principal at Granby Jr. Sr. High School.

Brenda leaves a son, David Allen Cummings of West Brookfield and two daughters, Priscilla Cummings Frece (John) of Annapolis, MD, and Janet Cummings Smith (Larry) of Jamestown, RI. She also leaves six grandchildren and six great grandchildren. Two husbands predeceased her, Robert Cummings, from whom she was divorced in 1967, and Charles Maheu.

Services have been held privately and she was laid to rest in West St. Cemetery in Granby. Memorial donations may be made to the Granby Church of Christ, or to the ASPCA. For more information or to sign the online guest book, please visit www.beersandstory.com.

Vivian M. (Bazan) Ziemian, 88

LUDLOW - Vivian M. (Bazan) Ziemian, 88, of Ludlow passed away on Saturday, April 11, 2020. She was the daughter of the late Adolph and Anna (Kielbasa) Bazan. Vivian was born in Chicopee on August 10, 1931. She was educated in local schools, and she went on to study music in New York City. She shared her musical talent with love and joy as a member of various musical groups, musical theater companies, and as a local soloist. Vivian was a devout member of Christ the King Parish in Ludlow, where she was a member of the choir as well as a soloist. Vivian was a past Co-President of the Springfield Woman's Symphony League. She was a breast cancer survivor. Vivian loved traveling with Stan, and they always liked to say they have seen the "Seven Wonders of the World."

Vivian is survived by her beloved husband of 70 years Stan



Ziemian of Ludlow, her son Dave Ziemian and his wife Sharon of Palmer, her daughter Susan Tenerowicz and her husband Thomas of Blackstone, MA. Vivian was predeceased by her beloved grandson Matthew Ziemian. She also leaves her precious grandchildren; Rebecca Ziemian, Lauren (Tenerowicz) Labonte and her husband Jeremy, and Adam Tenerowicz and his wife Kasey. She is also survived by her two great grandchildren, Elise Labonte and Peter Tenerowicz.

All services are private. Kapinos-Mazur Funeral Home is in charge of arrangements. Donations in Vivian's memory may be made to the Alzheimer's Association, 309 Waverly Oaks Rd., Waltham, MA 02452 or www.alz.org. For more information please go to www.kapinosmazurfh.com.

Vincent A. Harackiewicz, 81

LUDLOW - Vincent A. Harackiewicz, 81, of Ludlow passed away peacefully on Monday after a long illness. Born in Ludlow, he was a lifelong resident and a devoted member of Christ the King Parish. He was the son of the late Vincent and Virginia (Saletnik) Harackiewicz. His greatest love and joy was his family.

Vinnie along with Betty, his wife of 60 years, were proud graduates of Ludlow High School, Class of 1957. He was voted class athlete, as he excelled in several sports, earning many varsity letters in his high school career. Upon graduation, he attended Vaughn Barber School and joined the Army Reserves for six years. He became a barber, and owned his own shop, first on Spring Street and then on Worthington Street in Springfield. He did this for ten years and then decided to apply to work for the United States Postal Service where he worked for 33 years. He started at the Bulk Main Center on Tapley Street and was a mail handler for five years when a supervisor asked if he wanted to be a letter carrier. He tried it and loved meeting people. After 30 years, his last route was the Eastfield Mall, Parker Street, Boston Road area. Everyone knew Vinnie as the friendly mailman, or as he would say "Not mailman, but letter carrier."

Meanwhile, one day, someone said to him, "I know you like playing fast pitch baseball, but did you ever think about slow pitch?" He decided to take a try at it, got the knack of it right away and became a pitcher. They gave him number one on his shirt and that was his number with several teams he played for, including the "super team," Dick Joseph. They played in many tournaments and qualified for the Worlds in Sacramento, CA and came in 13th out of 72 teams. He won nine state titles, six with Window Place and three with Dick Joseph. He earned five MVP awards in various leagues and tournaments. One of the reasons they were winners was the great camaraderie they displayed. His biggest thrill was having his son, Dave, playing in the state tournaments with him.

Vinnie started playing with the Western Mass. Relics 55 and over league in the late 90s at the Ludlow Fish and Game. He loved playing for the Relics, especially the tournaments at the Cape, where they celebrated many memorable wins. He played with the Relics for more than 16 years and came to be



known as The Legend. Vinnie was also involved with the Ludlow Hockey Association for more than 20 years, helping to coach his son's teams and other teams in the organization. He was president of LHA for seven years.

He loved attending Dave's hockey games and Deb's soccer games. He was voted into the Ludlow High School Sports Hall of Fame in September 2011.

Vinnie loved going to Cape Cod where he summered with his family in South Dennis. While there he volunteered for the Pan Mass Challenge for over ten years as his daughter Deb was one of the bike riders. In later years he volunteered at the Ludlow Senior Center and Jodi the director's nickname for him was "Pots" for all the pots and pans he cleaned. He loved his Patriots and the Bruins, especially watching the many championships they won with his family. He also was a member of the Orchard Athletic Assoc. and the Reunion Banquet Committee for many years. Vinnie will always be remembered for his "one of a kind" gregarious sense of humor that he exhibited to people in all walks of life.

Vinnie was a loving and devoted husband to his wife Betty (Chmura) Harackiewicz. They were married on September 7, 1959. He was a loving and devoted father to his son Dave and his partner Mitzi, and his daughter Debra and her husband Keith. He was a proud and loving Papa to his grandsons Benjamin, Ryan and Matthew and granddaughter Natalie. He was also a caring "Papa" to Georgia, Louisa and Melissa. He will be missed by his two canine buddies, Fenway and Capuchi and feline friends Wobert and Lacey.

The Family would like to thank the staff of Vero Wilbraham who cared for Vinnie with dignity, kindness and grace and the Beacon Hospice staff for providing care and support to Vinnie and his family.

Funeral services were entrusted to Ludlow Funeral Home and will be held privately by his family. A memorial mass celebrating Vinnie's life will be held at a future date.

In lieu of flowers, donations in Vinnie's memory may be made to Friends of Ludlow Senior Center, Building Fund, 37 Chestnut St., Ludlow, MA or Christ the King Church, 41 Warsaw Ave., Ludlow, MA. For additional information please visit ludlowfuneralhome.com.

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DATEBOOK

ONGOING

MARRIAGE WORKS IN CHRIST The Marriage Enrichment series, Marriage Works in Christ, is scheduled once each month on a Friday evening at the SJB Pastoral Center. Married couples are cordially invited to attend these Friday evening sessions scheduled for 6:30-8 p.m. The program is an uplifting, down-to-earth video series for husbands and wives to enjoy together and is a response to the need for a better understanding and appreciation of God’s plan for marriage and family life. We encourage all couples to take advantage of this opportunity to spend time together and focus on your relationship as a Christ-centered vocation. Your marriage deserves that kind of attention! Couples need not attend all sessions-just choose the dates that work with your schedule - and come join us! The sessions are free of charge and childcare is also offered at no charge for children age 2 and up. Program dates are Fridays, Dec. 6, 2019 and Jan. 10, Feb. 7, March 6, and April 3, 2020. For more information call Dick and DuAnne Pasquini at 413-610-0509.

THE MICHAEL J. DIAS FOUNDATION sponsors a support group for families and friends whose loved one is affected by an alcohol/substance use disorder. The group meets every Tuesday from 6:30 to 7:45 p.m. at Healthsouth, 222 State St., Ludlow. All are welcome! If you have any questions, call Maureen at 413-563-6226.

LUDLOW SENIOR CENTER 55 AND OVER VOLLEYBALL LEAGUE will be held at East Street School on Tuesdays and Thursdays from 5-8 p.m. The cost to take part is \$20 per year. For more information contact the Senior Center Activities Director at Activity@ludlow.ma.us or 413-583-3564 ext. 1310.

WESTERN MASS RELICS SENIOR SOFTBALL LEAGUE. Slow pitch with two divisions (50-plus and 65-plus). All games played at the Ludlow Fish & Game Club from May to Labor Day. Registration forms and information available at www.wmassrelics.com.

QUABBIN VALLEY TWIRLERS If you missed the first lessons in the fall, now is the time to give yourself a gift of dancing enjoyment for the coming holiday time. Do you want some exercise, mental acuity, and lots of fun with great people? Try our national folk dance, square dancing with the Quabbin Valley Twirlers. They dance in Belchertown and Ludlow with Sunday and Wednesday evenings available. For more information, call Gloria or Fran at 413-467-3352.

BIBLE STUDY: A weekly Bible study led by Ludlow resident Hank Bastos takes place Wednesdays at 7 p.m. at 343 Winsor St., Ludlow. Call 348-6487 for more information.

SHARE YOUR SIGHT. Volunteer to read, shop or walk with a blind or vision impaired person in your community. Call the Massachusetts Association for the Blind and Visually Impaired at 1-888-613-2777 for details.

EVENTS

Editor’s note: As towns, schools and clubs continue to assess the threat posed by coronavirus, many are making the decision to cancel or postpone their public events, often with little notice.

The Register will inform readers about cancellations when known and when the newspaper’s weekly deadline will permit, but readers should be aware of the possibility that events featured in the printed newspaper, including those previewed in stories, briefs and on the calendar page, may be canceled without enough notice to print an update. The Register encourages readers to contact

event coordinators and organizers to confirm that it is still taking place before attending.

GENEALOGY FUNDRAISER A “Genealogy and Family History Fundraiser” is being held at First Church in Ludlow, 859 Center St. All proceeds will be made payable to the First Church in Ludlow to help fund the many projects necessary to keep the building in good shape, including the most recent repairs necessary to their iconic steeple. The plan is to hold the classes on four consecutive Tuesday evenings from March 31 to April 21, from 6:30 to 8 p.m. Dave Robison, professional genealogist of Old Bones Genealogy of New England, will conduct four sessions of learning (or re-learning) how to research a family. Hints, tips, tricks, all designed to get people started, to help them break through obstacles or inspire them to just “get going” again. Please sign up by contacting Dave Robison at dave@oldbones.info indicating intentions to attend and the number of participants.

QUILT SHOW will be presented by the Pioneer Valley Quilters on Saturday, May 2, and Sunday, May 3, at the Elks Lodge #61, 440 Tiffany St., Springfield. Admission is \$10; free for 12 and under. Free parking. An award-winning quilt to be raffled as well as many baskets of fun items. Items and food for sale. Lots of fun and beautiful quilts on display. Visit the group’s website at www.pvquilt.org. For more information specifically about

the quilt show, email foy18@comcast.net.

TRIPS

The Polish American Veterans of Wilbraham are planning the following trips in 2020.

QUEEN ESTHER The three-day tour to see “Queen Esther” in Lancaster, Pennsylvania on Aug. 26 to28 includes deluxe motor coach, two nights at the Bird in Hand Inn, two breakfast buffets at the hotel. Dinner show “Josiah for President” (Dinner #1) and Miller’s Smorgasbord (Dinner #2). “Queen Esther” will have reserved orchestra seats up front. There will be Mount Hope Winery visit, Bird in Hand Farmers Market and Sands Casino visit. There will be a Stop at Mastoris Kitchen Kettle Village and Longwood Gardens. Portchester Diner on return home (meal on own). Baggage handling, all taxes and driver’s gratuity included Cost is \$455 for double occupancy, \$435 for triple occupancy and \$575 for single. Deposit of \$75 at sign up, balance due July 15. Cancellation protection \$39 per person. Bus departs 7 a.m.

DOLLY & KENNY at The Stadium Theater, Woonsocket, Rhode Island on Thursday, Sept. 24. Bringing back Dave & Karen for a second show. Sold out the first show. Package includes motor coach transportation, chicken dinner at Wrights Chicken Restaurant. natinee tribute show

with Dolly Parton and Kenny Rogers, meal taxes and gratuities. Karen Hester is Dolly Parton and David Karl is Kenny Rogers. Cost is \$92 per person. Final payment due Aug. 28. Bus departs 10 a.m. from PAV, 1124 Berkshire Ave., Indian Orchard.

“GHOST OF A CHANCE” at The Newport Playhouse & Cabaret in Rhode Island. A Victorian-era tragedy is re-enacted in a supposedly haunted house. Package includes roundtrip motor coach, buffet luncheon, Playhouse Comedy Show, a Cabaret Show (two shows), meal taxes and gratuities. Buffet menu includes lettuce bowl, potato salad, beets and onion salad, three-bean salad, bbq ribs, sausage and peppers, roasted chicken, baked ham, baked beans, sweet potatoes, assorted desserts, coffee and tea. Cost \$102 per person and payment is due Sept. 21. Bus departs 8:30 a.m. from PAV, 1124 Berkshire Ave., Indian Orchard.

For more information on any of the above trips or to reserve a seat call Rich Gosciminski at 413-583-4610. Make checks payable to Polish American Veterans. Mail to Rich Gosciminski, 149 Center St., Apt. #1, Ludlow, MA, 01056. All trips depart from P.A.V, 1124 Berkshire Ave., Indian Orchard, MA.

VERMONT – July 27-30, 2020 - Deluxe hotel in downtown Burlington, Church Street Marketplace, Shelburne

Please see **DATEBOOK**, Page 13

Church DIRECTORY

| | | |
|--|--|---|
| <p>CHRIST THE KING CHURCH 41 Warsaw Ave., Ludlow 413-583-2630 Pastor Rev. Raymond A. Soltys Saturday Vigil Masses – 5 p.m. and 6:30 p.m. Sunday Masses – 7:30 a.m.; 8:45 a.m. (Polish); 10 a.m. and 11:15 a.m. Sunday Evening Mass – 5:30 p.m.</p> | <p>ORCHARD COVENANT CHURCH 95 BERKSHIRE STREET INDIAN ORCHARD, MA 01151 413-543-4204 REV. NANCY EBNER, PASTOR Sunday School-9:45 a.m. for all ages Worship-11 a.m., coffee hour follows Sunday at 6 p.m. -Gambler's Anonymous/Gamanon Thursday at 7 p.m. -Choir Practice, new members welcome! Third Saturday of every month at 8:30 a.m. - Men's Fellowship Breakfast See our website for more information: www.orchardcovenant.org.</p> | <p>THE FIRST CHURCH IN LUDLOW 859 Center St. Ludlow, MA 01056 413-583-3339 or 413-583-6834 Reverend Donald Fenestre-Marek Pastor Office Hours: Thursdays: 12 p.m.-4 p.m. Fridays: 10 a.m. to 2 p.m. Visit our website at www.ludlow-first.com Worship Services – 9 a.m. Sunday mornings Church School, Nursery and Coffee Hour after service. Wednesdays – 7:30 p.m. – AA meetings Please contact us regarding our Fellowship Hall rental. First Church thrift/gift shop hours: Fridays from 9 a.m. to 12 p.m. Saturdays from 10 a.m. to 12 p.m. Sundays from 9:45-10:30 a.m.</p> |
| <p>IMMACULATE CONCEPTION CHURCH 25 Parker St., Indian Orchard 413-543-3627 Pastor Rev. Jeffrey Ballou Hours are 8:30 a.m. to 3:30 p.m., Monday through Friday Sunday Mass – 8 a.m. (English) 10 a.m. (Polish/English) 5 p.m. (English) Morning Masses (Monday through Saturday) 8 a.m. Saturday Vigil Mass – 4 p.m. (English) Vigil Mass on Holy Days of Obligation – 7 p.m. Holy Day of Obligation Masses – 8 a.m. and 7 p.m.</p> | <p>ST. PAUL'S UNITED METHODIST CHURCH 123 Hubbard St., Ludlow 413-583-5754 Rev. Richard Pagano Pastor's office hours by appointment Sunday Worship at 9:30 a.m. Tuesdays – AA 7:30 to 8:30 p.m. Thursdays – AA 7:30 to 8:30 p.m. Thursday and Saturday – Outreach</p> | <p>ST. ELIZABETH PARISH 191 Hubbard St., Ludlow 413-583-3467 Pastor – Rev. Msgr. Homer P. Gosselin In Residence – Rev. Norman Bolton Deacons, Normand Grondin, Thomas Rickson, Keith Davies (Robert Duval, retired) Office Hours – Monday – Friday 8:00 a.m. – 4:00 p.m. Visit our website at www.stelizabethludlow.org Adoration Chapel set up in entrance of the Pastoral Center.</p> |
| <p>OUR LADY OF FATIMA PARISH 438 Winsor St., Ludlow 413-583-2312 Father Vitor Oliveira Sunday Masses – 9 a.m. (Portuguese); 11 a.m. (English) Monday and Wednesday Morning Masses – 8:30 a.m. (Portuguese) Tuesday and Friday Masses – 5:30 p.m. (Portuguese) Saturday Vigil Mass – 4 p.m. (English) First Saturday of the Month – 8:30 a.m. For more information, visit ourladyoffatimaparish.org.</p> | <p>THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS 584 West St., Ludlow 413-583-8454 S Sunday services Sacrament Meeting 10- 11 A.M. Sunday school for adults, Young single adults(18-30) and teens (11-18)- 1st & 3rd Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Women- 2nd & 4th Sunday of the month from 11-12 noon Adult Religious/Marriage and Parenting for Men- 2nd and 4th Sunday of the month from 11-12 noon Classes for Single Adults(18-30)- 2nd & 4th Sunday of the month -11- 12 noon Classes for Young Men(11-18)- 2nd & 4th Sunday of the month 11-12 noon Classes for Young Women (11-18)- 2nd & 4th Sunday of the month - 11-12 noon Children's classes: Sunday school & singing time every Sunday(3-10) 11- 12 noon Nursery providedfor ages 18 month- 3 yr</p> | <p>UNION CHURCH OF CHRIST (United Church of Christ) 51 Center St., Ludlow 413-583-5717 Pastor: Rev. Jeffrey K. Erb Worship Service and Sunday School: Sunday, 10 a.m. (Fellowship hour following) Office Hours: Wednesday, 9 a.m. to noon Choir Practice: Sunday, 9 a.m.</p> |
| <p>FAITH COMMUNITY CHAPEL 485 EAST ST. LUDLOW, MA 01056 413-583-7875 www.faithcommunitychapel.org email: faithcommunitychapel8@gmail.com Pastor Jon P. Scott Sunday School 9:30 a.m. Fellowship 10:30 a.m. Worship Service 11 a.m. Sunday Services: 9:30 a.m. Sunday School for all ages 10:30 a.m. Fellowship with coffee and donuts 11 a.m. Worship Service See Faith Community Chapel Facebook for updates. Wednesday 7 p.m. Ludlow Christian Fellowship Bible Study: Hank Bastos, Leader Call: 413-348-6487 for more information</p> | | <p>STS. PETER AND PAUL UKRAINIAN CATHOLIC CHURCH 45 Newbury St. Ludlow, MA 01056 Phone: 413-583-2140 Pastor: Father Andriy Krip Liturgy schedule: Wednesday 8:30 a.m. Friday 8:30 a.m. Sunday 8 a.m</p> |

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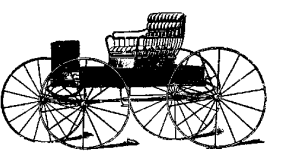
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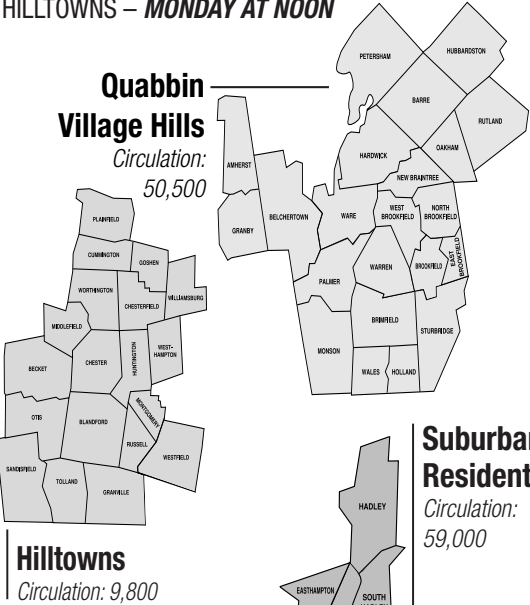
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small business customers are a vital engine of the Massachusetts economy so it is critical that we both give them an immediate leg up and bolster their long term viability.”

Citizens Bank and the Citizens Charitable Foundation will direct more than \$1.3 million in Massachusetts as follows:

\$700,000 between the LISC Boston, City of Boston’s Small Business Relief Fund, and Boston Main Streets Foundation Covid-19 Emergency Response Fund; which will offer grants to small businesses for immediate operating needs including rent, fixed debts, payroll, accounts payable, lost sales and other working capital expenses.

\$480,000 in direct grants to Citizens Bank small business customers in Massachusetts that will help them continue operating and recover from the impacts of the

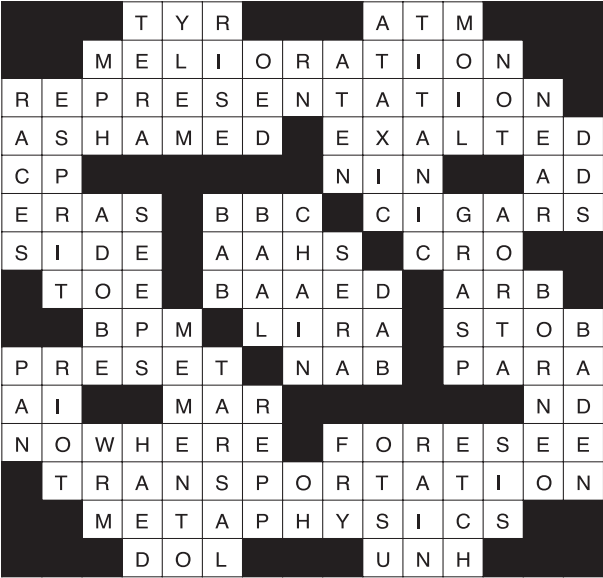
coronavirus pandemic. The program will provide \$15,000 grants to 32 of the bank’s small business customers. Details of the award program can be found at Citizens-bank.com/smallbusinessrecovery.

\$75,000 for the Boston Resiliency Fund to support nonprofit organizations that are providing food, technology, and other wrap-around support services to families, children and first responders.

\$75,000 to the Boston Foundation’s COVID-19 Response Fund which will award one-time operating grants to non-profits providing support for seniors, children, immigrants, displaced workers and other vulnerable populations.

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